



BCOP Relatives Bulletin March 2022

[Contents](#) [click on the heading to go straight to that article](#)

[Caroline Cooban steps down as CEO, Shabir Ladak appointed Interim CEO](#)

[Social Care Day of Remembrance and Reflection](#)

[Anita Stone Court Employee of the Month](#)

[Guidance on visiting the nursing homes](#)

[We're recruiting](#)

[Could you be a BCOP Trustee?](#)

[Fundraising News](#)

[Housing](#)

[Caroline Cooban steps down as CEO, Shabir Ladak appointed Interim CEO](#)



Caroline Cooban



*Shabir Ladak
Interim CEO*



*Pushpa Sagoo
Director of Operations*

On 18th March we said goodbye to CEO Caroline Cooban who has relocated to Dorset after almost 6 years at the helm of BCOP. Caroline will be hugely missed as will her passion and commitment to ensuring BCOP provides the best care possible for the older people of Birmingham. Her leadership over the last 2 years in particular, with the extreme difficulties we faced during the pandemic, was invaluable. We wish her the best of luck.

While the Board is recruiting a permanent replacement CEO, Shabir Ladak, Head of Finance, has stepped up as Interim CEO; Pushpa Sagoo, Director of Operations, has also taken on additional responsibilities, working closely alongside Shabir.

Social Care Day of Remembrance and Reflection

Thursday 17th March was the National Social Care Day of Remembrance and Reflection. Together at Neville Williams House, staff wanted to pay tribute to the work of the dedicated social care workforce throughout the pandemic and remember the residents we sadly lost. Staff gathered in The Forget-Me-Not pub at Neville Williams to share their thoughts and memories over a cup of tea and collected some forget-me-not seeds to plant at home in the spring, for the memories to last year after year. The board over the fireplace listed the names of all the residents we lost during the pandemic and displayed the following poem in their memory:

Memory's Lovely Garden

There's a very special garden
Where the plants of memory grow
Nurtured by the kindness
And concern that loved ones show.
The stems are cherished memories
Of good times in the past
The flowers tender promises
That souls endure and last.
It's a place of peace and beauty
Where bright new hopes can start
It's memory's lovely garden
That soothes the hurting heart.

Unknown



Pushpa Sagoo, Director of Operations and Debbie Sigston, General Manager of Neville Williams House, speaking at the event.

Anita Stone Court Employee of the Month



Anita Stone Court has recently introduced an 'Employee of the Month' Award. Staff, residents and relatives were asked to nominate members of staff who had demonstrated outstanding teamwork and customer service skills.

February's Employees of the Month were **Natasha Komarychyn**, Home Administrator and **Duniya Mohamoud**, Care Assistant. Congratulations Natasha and Duniya!

If you're a relative of an Anita Stone Court resident and you'd like to nominate a member of staff to receive this award, please fill out a nomination form, on display in Reception.

Guidance on visiting the nursing homes

There are now no government restrictions on the number of visitors we can have in the nursing home at any one time. However, please check the current visiting procedures with the General Manager of the nursing home, as procedures may vary for each individual home.

All visitors still need to show evidence of a negative LFD test taken within 24 hours of a visit to the nursing home and follow the infection control and prevention rules in place in the home. You cannot visit the home if your LFD test is positive.

If you receive a positive LFD test result, you no longer have to do a PCR test to confirm the result and should follow self-isolation rules:

- Self-isolate for up to 10 days - if you test negative on days 5 & 6 then you will be able to end your self-isolation on day 7

If you are a close contact of someone who tests positive, you do not have to self-isolate but must do an LFD test every day for 7 days. If you test positive within this time, follow the self-isolation rules.

If there is a Covid-19 outbreak (classed as 2 or more Covid-19 cases) within the nursing home, then it will go into lockdown for 14 days from the most recent positive test result, and only Essential Resident Visitors will be allowed. An Essential Resident Visitor is one nominated person for each resident - it must be the same person throughout the lockdown period.

We're recruiting

We have a number of staff vacancies at the moment - in particular, we're looking for carers, nurses and activities staff who share our values who want to enrich the lives of our residents every day. If you know of anyone suitable, do let them know we're recruiting - all job vacancies are advertised on our website: www.bcop.org.uk/work-for-us/current-vacancies.

Could you be a BCOP Trustee?

We are looking to recruit a number of new Trustees to diversify the skills set on our Board. This is an exciting and rewarding opportunity to use your experience and expertise to benefit the older people of Birmingham.

Visit our website <https://www.bcop.org.uk/about-us/trustees/> for details of the skills and experience we're looking for, to download an application pack and read more about our current Trustees.

Fundraising News

As a charity, our profits go straight back into our nursing homes and housing schemes so that we can adapt, innovate and invest in the best care, support and accommodation for our residents and tenants.

Help us raise money through Amazon Smile

We're registered with Amazon Smile, Amazon's charitable giving scheme.



Every time you buy something on Amazon, you could be raising money for BCOP, to help us enrich the lives of our residents and tenants - to spend money on the little things that can make all the difference to their days.

Amazon will donate 0.5% of the net purchase price to BCOP.

To get started:

- Go to www.smile.amazon.co.uk and log into your Amazon Account
- Select 'Broadening Choices for Older People' from their list of charities
- Next time you want to buy something on Amazon, go to www.smile.amazon.co.uk
- If you have the Amazon app on your phone, go to settings and turn on Amazon Smile to start raising money today!

In February 2022 we raised £7.06 - we'd love to see this grow!

Website donations

We can now accept donations on our website - to donate, just need to click on the yellow button on our homepage and fill in the online form.

The screenshot shows the BCOP website homepage. At the top left is the BCOP logo with the tagline 'Supporting older people in the West Midlands since 1946'. To the right is a navigation menu with links for Home, About Us, Nursing Homes, Housing, Work for Us, Contact Us, Support BCOP, a phone number (0121 459 7670), and an email address (general@bcop.org.uk). A yellow 'Donate' button is highlighted with a red circle. Below the navigation is a hero section featuring a photograph of an elderly man and a woman. The text reads: 'Our care comes from the heart'. Below this is a short paragraph: 'We are proud to enrich people's lives every day by helping them to feel cared for and respected, and by treating each person as an individual. Our relationship with those we care for deepens over time. We've created a rich community, with the lifeblood of homeliness and warmth where everyone feels safe and protected.' At the bottom of the hero section is a yellow button that says 'Read more about our approach to care'.

Housing



Edgumbe Court, Bartley Green

Did you know that as well as our 3 nursing homes, BCOP also provides rented accommodation for over 60s at locations throughout Birmingham? We own a mixture of Supported Living Schemes which have an on-site manager, communal areas and organised social activities as well as Independent Living Schemes which all have a 24-hour alarm call system for emergencies.

We currently have a number of vacant properties, so if you know of anyone looking for this kind of accommodation, do spread the word. Find more details, download a brochure and application form on our website www.bcop.org.uk/housing

DISCLAIMER: This information is compiled by BCOP and updated by 2pm on 28.03.2022. The information about BCOP policies and actions is correct at the time of publication. Please check government guidance on www.gov.uk for most up-to-date coronavirus information.